

Lifestyle Support Services



Headway rebuilding lives (Hrl) is the specialist community based rehabilitation service for people with disabilities, specialising in supporting people with acquired brain injury (ABI) and their families and social networks in Tasmania.

We support people to rebuild their lives through the development of their skills and abilities across their physical, social, academic, vocational and personal life domains.

Our service was established in 1986 and is recognised as the leading authority in the delivery of community based rehabilitation services and support for people with ABI in Tasmania.

Our Lifestyle Services are based on leading practice and were developed in response to the unmet need for specialist rehabilitation services for people with brain injuries and other disabilities. We provide a range of services and support in small groups or on a one-on-one basis and can provide 24/7 support depending on the level of funding available.

Community Outreach Service is the first point of contact and provides an individualised community outreach response to people with an acquired brain injury.

Community Rehabilitation Service is a community based lifestyle service promoting social reintegration opportunities through active skill development programs and recreational / leisure activities.

Access Employment Service is a Commonwealth funded Disability Employment Network (DEN) service provider which assists people with a disability to obtain and maintain ongoing employment.

Respite Service provides carers with regular, temporary or emergency respite which can be provided in our respite venues, in the persons home or on holidays and trips etc.

Behaviour Consultancy Service assists by developing intervention strategies and mentoring services for families and individuals with an acquired brain injury who exhibit challenging behaviour.

Community Information & Education Service provides information and training regarding acquired brain injury to individuals, services, funding bodies and community groups.

Family Support Group
The Family Support Group provides peer support, information, education training and mentor support to families affected by acquired brain injury.

Case Management
We can provide case management services for compensable and fee for service clients.

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